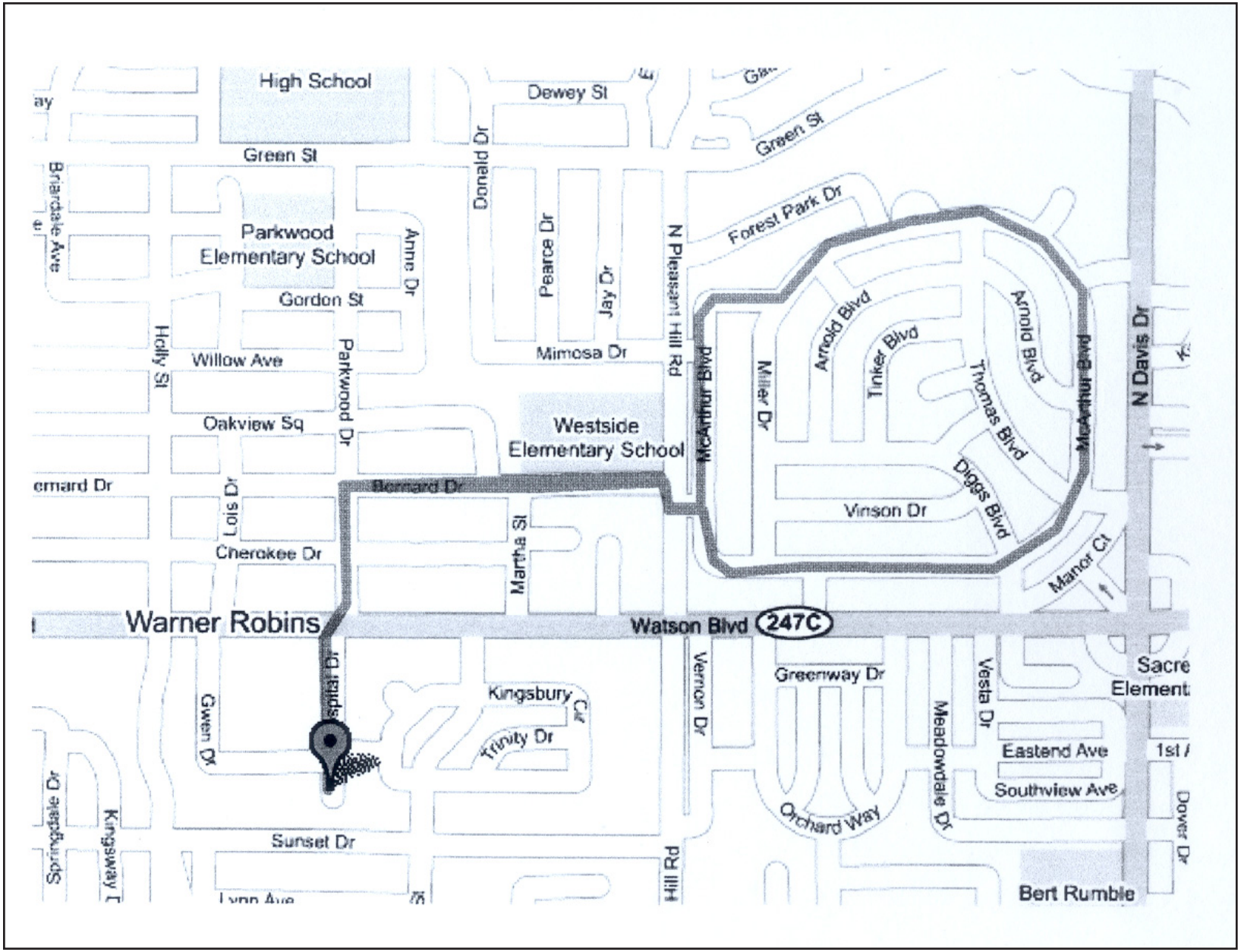Houston Heart Institute Rhythm Run 5K Race Route