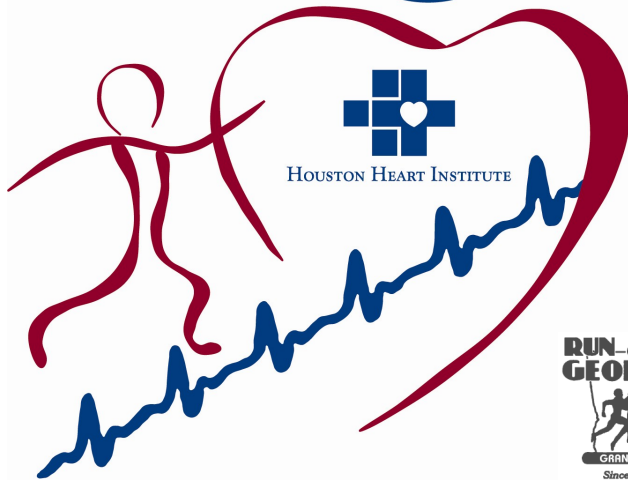


5th Annual Houston Heart Institute

Rhythm Run

2010



5K Run/Walk 1 Mile Health Walk

**Saturday, March 13, 2010
8:30 a.m.**

Houston Medical Center

1601 Watson Blvd., Warner Robins, Georgia
(Parking Lot of Houston Heart Institute
on Hospital Drive)

Directions: I-75 Exit at 146/GA 247 and travel East
on Watson Blvd. approximately 6 miles.
Turn right onto Hospital Drive and follow signs.

REGISTRATION

Pre-registration: \$10 (postmarked by 3/10/2010)
Race Day Registration: \$15 (8:00a.m. – 8:30a.m.)
Walkers are welcome.
Race Day Packet Pick-up: 8:00a.m. – 8:30a.m.
Where: Houston Heart Institute

AWARDS

5K Runners: Overall Male & Female, Overall Male &
Female Masters
Top 3 finishers in the following categories:
9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-
44, 45-49, 50-54, 55-59, 60-64, 65 & over

**** Long-sleeve T-shirts available to all participants on race day as supplies last. ****
Shirt size availability determined on a first-come, first-serve basis on race day.



Official Entry Form

Return this portion with check payable to:
Houston Medical Center
Attn: Marketing Department
1601 Watson Blvd.
Warner Robins, GA 31093

I am registering for the:

5K Run/Walk

Health Walk

Fee: **\$10** Pre-race registration postmarked by *March 10, 2010*
\$15 Race day registration

Name: _____ DOB: _____ Male _____ Female _____

Address: _____ Phone: _____ Email: _____

City: _____ State: _____ Zip: _____

Organization _____ Shirt Size: Adult: M ___ L ___ XL ___ 2X ___

Waiver: In consideration of acceptance of this entry, I waive any and all claims for myself, my heirs, executors and administrators against officials, hosts, sponsors and directors for any illness or injury which may result directly or indirectly from my participation. I further state that I am in proper physical condition to participate in this event.

Signature of Entrant

Guardian Signature (if entrant under 18)